

Summer Intensive IV Sample Schedule 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Conditioning	Conditioning	Conditioning	Conditioning	Conditioning
Ballet	Ballet	Ballet	Ballet	Ballet
Meet & Greet	Break	Break	Break	Break
Break	Pointe	Repertoire	Modern	Variations
Pointe				Lunch
Lunch	Lunch	Lunch	Lunch	Lunch
Pilates	Yoga	Lunch	Lunch	Yoga
Break	Modern	Pilates	Coaching	Repertoire
Variations		Break	Break	Break
Privates	Break	Pointe	Repertoire	Break
		Break		Pointe
	Coaching	Variations	Repertoire	Privates
	Privates	Privates		Showing
	Privates	Privates	Privates	